



Living in Oakington & Westwick through the Coronavirus Outbreak – *Number 4 (November)*

We're back in lockdown for a few weeks... but volunteers are still available to help. Here's a reminder of the contact details:

To ask for or to offer help:

Call/text **07902 111786** or **07375 945284**

Email **owneighbours@gmail.com**

If you are experiencing financial hardship or are in need:

call or text Ben on **07342 945373**

or Jo on **07714 760582**,

or email **oak.west.hardship.fund@outlook.com**

Your confidentiality will be respected.

- If you are self-isolating and need practical help such as a prescription collected or some shopping
- If you need some technical help getting online, using Zoom, or contacting friends and family on your mobile, tablet or computer
- If you're feeling isolated or have had enough of your own company
- If you'd like to be kept in touch with what's going on or about local services in the village
- If you could spare a little time to volunteer, e.g. helping to deliver shopping or collect prescriptions



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(please give as much notice as possible if you need a delivery/collection)

To find out more about anything on this page, contact OWN on
07902 111786 or **07375 945284**, email owneighbours@gmail.com
or visit our website: owneighbours.wordpress.com

Village phone tree

Can you spare a few minutes each week for a short chat with a couple of other people in the village? It's a brilliant way to help others who may be feeling isolated at the moment, and anyone can join. Contact OWN for more details.



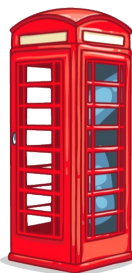
Save the date: kerbside carol sing-along

The Community Association and OWN invite all residents to the front of their houses on Tuesday 22nd December at 7pm for a Covid-safe Christmas carol sing-along to bring some

Christmas cheer to our streets. More details in the next village Journal.

Books and jigsaws

The telephone box library is open on Longstanton Road for all to bring or borrow books and jigsaws (complete jigsaws in clear plastic bags please). Something to do on winter days!



Local takeaways

Support the local pub and have a break from cooking! The White Horse is offering takeaway fish and chips, pizza and beer (this at cost price). Ring Ferdan on 07415 308172. The Olive Tree Cafe is not doing takeaways at this time (although the Garden Centre is open.) Barkers bakery are offering home delivery of various baskets (eg cream tea). Email suzie@barkers-bakery.co.uk.

Zoom licence for community groups

The Community Association has a Zoom licence which any groups in the villages can use. If you or your group would like to organise something on Zoom, such as a talk, meeting or informal drop-in, contact OWN or the Community Association (oakington.westwick.ca@gmail.com)

Keeping in touch

If you are online, you can join the Oaky Folk facebook group or the parish email list (email clerk@oakingtonandwestwick-pc.gov.uk) or email owneighbours@gmail.com.

Community quilt project

Sew, knit, crochet, patchwork, paint – whatever your favourite handcraft, use it to create a 20cm x 20cm square to go in the community quilt.



If you don't have a computer, ring OWN and we can tell you over the phone what's new. Or you can join the Phone Tree and stay in the loop that way.

Something we can all do is stay in regular touch with anyone we know who lives alone or needs support.

Walking (or running) buddies

Meeting one other person, socially distanced, outside the home is allowed and so taking a walk with someone is a good way to enjoy some company. If you'd like to be put in touch with someone else who would otherwise be walking alone, contact OWN.

Covid-19 information

Check the current rules and guidelines on www.gov.uk/coronavirus.